



# Eye Associates Northwest, PC

## Punctoplasty With Stent Post-Op Instructions

Beginning today:

- Apply eye drops twice a day for two weeks, into the affected eye.

Frequently Asked Questions:

- R. Is it ok to shower after the procedure?
  - You may resume personal hygiene as normal.
- R. Are there any restrictions following the procedure.
  - You may resume activities as normal following the procedure including physical exercise and travel.
- R. I am experiencing eye irritation.
  - You may use artificial tears as needed for eye irritation.

If the stent falls out it is okay, there is no need to worry. Continue with the directions described above and follow up as discussed during your visit.

When to call:

Call us at 206-215-2020, if you are experiencing a significant amount of blood or severe pain.

Thomas S. Copperman, MD